



LET'S TALK FIRE SAFETY

Valdosta Fire Department

Volume 3, Issue 5

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Burn Awareness

Burn Facts:

In 2016, the U.S. recorded 486,000 burn incidents.

Most "fire-related injuries" are burns. In fact, approximately every 60 seconds someone in the U.S. sustains a burn injury serious enough to require treatment.

Scald burns are the second leading cause of all burn injuries.

Scalds can happen at any age, but young children, older adults and people with disabilities are at the greatest risk for them.

From 2005-2014, burn centers admitted 68% male and 32% females for burn injuries with 73% of these injuries occurring at home.

Safety Tips

- Make sure that your water heater is not set above 120°F to prevent scalding.

- Always test the water with your elbow before placing a small child in the tub.
- Have a "kid-free zone" of at least 3 feet around the stove and areas where hot food or drink is prepared or carried.
- Never heat a baby bottle in a microwave oven. Heat baby bottles in warm water from the faucet.
- Choose prepackaged soups whose containers have a wide base or, to avoid the possibility of a spill, pour the soup into a traditional bowl after heating.
- Allow microwaved food to cool before eating to avoid a mouth burn.
- Be cautious when lighting grills and fireplaces.



- Place hot liquids and food in the center of a table or toward the back of a counter.

Always Remember

- Never hold a child while you are cooking, drink-

ing a hot liquid, or carrying hot foods or liquids.

- Never heat a baby bottle in a microwave oven. Heat baby bottles in warm water from the faucet.
- Choose prepackaged soups whose containers have a wide base or, to avoid the possibility of a spill, pour the soup into a traditional bowl after heating.
- Allow microwaved food to cool before eating to avoid a mouth burn.
- Be cautious when lighting grills and fireplaces.

National Fire Protection Association

<https://www.nfpa.org/-/media/Files/Public-Education/Resources/Safety-tip-sheets/ScaldPrevention.ashx>

American Burn Association

<http://ameriburn.org/who-we-are/media/burn-incidence-fact-sheet/>

It is one thing to touch a flame and know it is hot, but quite another to jump into that flame and be consumed by it. - Adyashanti

"Give Burns the Boot"® is an annual campaign in which more than 100 fire departments throughout the state of Georgia join together and collect funds to benefit the organization's mission and program.

The Joseph M. Still Burn Center located at the Medical College of Georgia is the closest burn center to the Valdosta area. Located at: 3675 J Dewey Gray Cir Suite 300 Augusta, GA 30909 (706)863-9595

Have a fire safety question you would like for the Fire Department to answer? Please contact Ms. Tangela Rowe at 229-333-1835 or you can send an email to: valdostafire@valdostacity.com

Solve the Fire Wuzzles

WUZZLES are word puzzles consisting of combinations of words, letters, figures or symbols positioned to create disguised words, phrases, names, places, sayings, etc.

For example, the solution to NOON GOOD is "Good afternoon" and LINE READ LINE is "Read between the lines."

BUY WEATHER

Answers to last month's wuzzles are double cross & step on the gas.

Fire Safety Quiz

- It is perfectly fine to put ointments or creams on a burn before seeking medical treatment.
 - True
 - False
- If a person receives a burn, they need to run cool water over the burn for _____.
 - 4-6 minutes
 - 3-5 minutes
 - 1-3 minutes
 - 9-11 minutes

Answers to last month's quiz are 1. A. & 2. C.



Freddie D. Broome, Fire Chief